

# Dix Park

## Program + Event Guide

### Fall 2024



#### Disc Golf

Come play a round at Dix Park's 9-hole temporary disc golf course this fall!

**September 6 - October 27**

The pop-up course is designed for players of all experience levels with a blend of holes that are long and open, and lightly wooded.

[dixpark.org/discgolf](http://dixpark.org/discgolf)

#### Public Library Pop-Ups

Join Wake County Public Library at the Stone Houses Visitor Center + Outdoor Classroom! Sign up for a library card, check out items, and return borrowed materials.

**Tuesdays 10am - 12pm**

**September 24, October 8 + 22, November 5 + 19**

**Family Story Time 10:30am**





# Gardens + Ecology

## Little Explorers: Preschool Nature Program

11 - 12pm | Oak Room

Preschoolers will have fun learning about animals and nature at the park. Stories, games, songs, and live creatures bring this program to life for little learners!

**Monday, September 16**

Animal Architects

**Monday, October 14**

Going Batty

**Monday, November 18**

Reptiles Rock

## Bird Watching

8 - 10am | Flowers Cottage

Learn from birding experts about the resident and migrant birds of Dix Park and sharpen your bird identification skills.

**Saturday, September 14**

**Saturday, October 12**

**Saturday, November 9**



## Plant Pals

6 - 7:30pm | The Chapel

Join Copperline Plants for fun, hands-on workshops, and leave with plants and plant tips!

**Wednesday, September 4**

Houseplants 101

## History + Reflection

### Guided Walking Tours

12 - 2pm | Stone Houses

On this 3.5-mile walking tour you will encounter the beauty and uniqueness of our 308-acre site while learning about the past, present and future of Dix Park. Attendees meet at the Stone Houses Visitor Center.

**Saturday, September 21**

**Saturday, October 12**

**Saturday, November 16**

## Arts + Culture

### Connect + Create

6 - 7:30pm | The Chapel

Join us for all-ages art classes in partnership with Artspace. Materials are included.

**Wednesday, October 16**

Intro to Printmaking

**Wednesday, November 13**

Wood Mosaic Trays

**Wednesday, December 11**

Polaroid Lifts

### Arts on the Hill Workshop

10am - 12pm | Stone Houses

Explore different textures and techniques while learning basic visual art principles with Raleigh Film and Arts Festival. You'll leave with completed mixed media artwork to showcase your newfound skills. This workshop is held at the Outdoor Classroom.

**Saturday, November 9**



# Wellness + Play

## Self Care Sundays

The Chapel

### Indoor Yoga

A practice to re-center and replenish with Carrington Razook-Jackson.

**Sunday, September 8 | 3:30 - 4:30pm**

**Sunday, October 6 | 3:30 - 4:30pm**

**Sunday, November 10 | 3:30 - 4:30pm**

### Breathwork

An afternoon of deep breathing and meditation with Joss Michael.

**Sunday, September 15 | 2 - 3:30pm**

### Sound Bath

A serene journey of sound and tranquility with Jana Campbell.

**Sunday, September 29 | 2 - 3:30pm**

**Sunday, November 24 | 2 - 3:30pm**

## Yoga in the Park

5:30 - 6:30pm | Flowers Field

Enjoy the beauty of yoga at Dix Park. All fitness levels welcome!

**Mondays**

**September 9 - October 28**

## Forest Bathing

10 - 11:30am | Flowers Cottage

Led by certified mindfulness instructor, Jane Saiers, this talk and walk explores the history, research, and benefits of forest bathing for human health while experiencing our Pine Loop Trail with all the senses.

**Sunday, September 22**

## Fall Events

**October  
5**

### Falling for Local

11am - 6pm | The Big Field

Celebrate autumn with a family-friendly market and festival hosted in partnership with Shop Local Raleigh.

**Event Details: [dixpark.org/calendar](https://dixpark.org/calendar)**



**October  
26**

### Movies on the Lawn: Halloween Double Feature

6 - 11pm | Flowers Field

If there's something strange in your neighborhood, who you gonna call? Ghostbusters!!

Join us for a Halloween Double Feature Movie Night! Come dressed in costume and bring a blanket or chairs to sit on. Food trucks will be on-site, and you are welcome to bring your own food and beverages.

**Food Trucks, Trick-or-Treating, S'mores | 6pm**

**Ghostbusters (1984) PG | 7pm**

**The Ring (2002) PG-13 | 9pm**

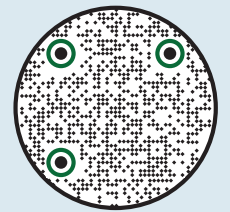
All Programs + Classes are free thanks to  
Dix Park Conservancy Donors!

**Program registration opens two weeks  
before the date of each class.  
Details + Register: [dixpark.org/calendar](https://dixpark.org/calendar)**





# Dix Park Map



Scan here to visit our website

## Green Spaces

1. Pine Loop Trail
3. Flowers Field
4. Cemetery
5. Sunflower Field + Trail
7. Dog Park
8. Big Field
11. Rocky Branch Greenway Trailhead
12. The Grove
14. Harvey Hill

## Park Facilities

2. Flowers Cottage
6. Magnolia Room
9. The Chapel
10. Stone Houses Visitor Center + Outdoor Classroom
13. Oak Room
15. Gipson Play Plaza Opening 2025

## Key

- Food + Beverage
- Permanent Restroom
- Temporary Restroom
- Water Station
- Hammock Grove
- Go Raleigh Bus Stop
- Bike Share
- Bike Rack
- Historical Signage
- Public Art

## Park Hours

Park outdoor spaces are open from dawn to dusk every day. Facility hours vary, visit [dixpark.org](http://dixpark.org) for details.

## Public Parking

During business hours Monday - Friday, park visitors are to use Public Parking only. All parking lots are available to park visitors weeknights & weekends.